Read Aloud:

1. The fashion industry is one of the largest contributors to environmental pollution. From textile waste to unsustainable production practices, fashion's environmental footprint is significant. Sustainable fashion, which focuses on ethical sourcing, reducing waste, and using eco-friendly materials, is becoming more popular. However, for sustainable fashion to become mainstream, the industry must evolve in both production and consumer behavior.

2. Healthcare is a fundamental human right, yet access to quality healthcare varies greatly across the world. The role of government in providing affordable healthcare is a topic of debate. While some countries have universal healthcare systems, others rely heavily on private insurers. How can governments balance the need for cost-efficiency with the desire to provide high-quality care to all citizens?

3. Space exploration has fascinated humanity for centuries, and recent technological advancements have brought us closer to discovering the mysteries of the universe. Missions to Mars, for example, aim to understand the potential for human colonization. Yet, as governments and private companies invest in space travel, ethical concerns arise about the commercialization of space and the possible exploitation of extraterrestrial resources.

4. The traditional education system is often criticized for its rigid structures, focusing too much on standardized testing and not enough on critical thinking or creativity. Progressive reforms are necessary to foster a learning environment that prepares students for the rapidly changing global economy. This includes incorporating technology in the classroom, promoting lifelong learning, and addressing inequalities in education access.

5. Globalization has interconnected economies and cultures, fostering international trade, travel, and communication. While globalization has lifted millions out of poverty, it has also exacerbated economic inequality and eroded local cultures. The rapid spread of global brands and media is influencing traditional lifestyles, but what does it mean for cultural identity and sovereignty?

6. Gender equality remains a significant issue globally, despite progress in many areas. Women, in particular, still face systemic discrimination in sectors such as politics, business, and education. Legal reforms, such as equal pay and anti-discrimination

policies, have made strides in addressing gender-based inequalities. However, societal attitudes and cultural norms still play a significant role in maintaining gender disparities.

7. The gig economy is transforming the way people work, offering more flexibility but also raising challenges related to job security, benefits, and fair wages. With the rise of platforms like Uber and Fiverr, workers can earn income on their terms, but without the traditional protections afforded to full-time employees. How can governments adapt labor laws to protect gig workers while encouraging innovation?

8. AI holds immense potential in revolutionizing healthcare. From improving diagnostic accuracy to personalizing treatment plans, AI could lead to more efficient, affordable, and effective healthcare systems. However, the integration of AI in medicine raises concerns about data privacy, the potential for errors, and the loss of human touch in patient care.

9. Social networks have become powerful tools in political campaigns, influencing public opinion, shaping policy discussions, and mobilizing voters. While social media can democratize information, it also poses challenges regarding the spread of misinformation, echo chambers, and online harassment. How can governments regulate social networks without infringing on free speech?

10. Migration is a complex and multifaceted issue that impacts economies, cultures, and national security. Whether driven by economic opportunities, conflict, or environmental factors, migration has both positive and negative consequences. Understanding the causes and effects of migration is crucial for creating fair and compassionate policies that integrate migrants into society while addressing concerns about overcrowding and resource distribution.
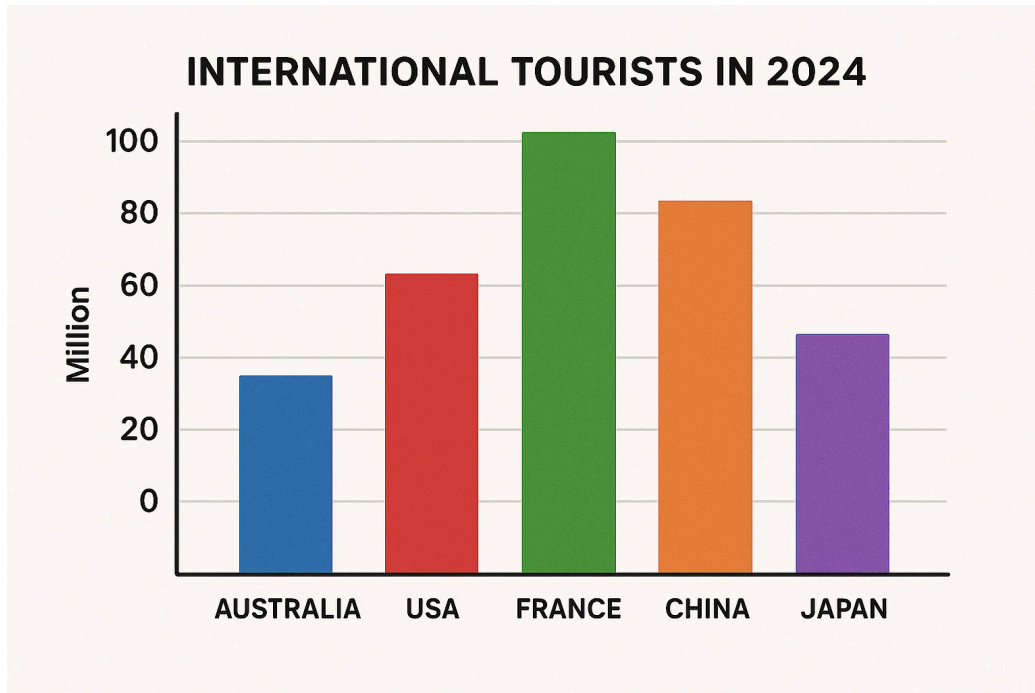
Repeat Sentence:

1. Ecotourism promotes travel to natural areas that conserves the environment and improves the well-being of local communities.

2. The zero-waste movement aims to minimize waste generation by reusing, recycling, and composting materials.

3. Innovative technologies in elderly care, such as remote monitoring and robotic assistance, are enhancing quality of life.

4. The digital nomad lifestyle enables individuals to work remotely while traveling and living in different locations.

5. Crowdsourcing leverages the power of large groups of people to contribute ideas, resources, or expertise to solve problems.

6. Public health campaigns play a vital role in raising awareness about diseases and promoting preventive health behaviors.

7. Intelligent transportation systems use technology to improve the efficiency and safety of transportation networks.

8. Sustainable architecture integrates eco-friendly materials and energy-efficient designs to reduce environmental impact.

9. E-waste recycling helps recover valuable materials from electronic devices, reducing environmental harm and resource depletion.

10. Global trade has connected economies worldwide, but it has also led to disparities and environmental challenges.

11. Voice recognition technology enables devices to understand and respond to human speech, offering convenience and accessibility.

12. Genetic privacy concerns arise as more personal genetic information is shared through direct-to-consumer genetic tests.

13. Smart cities use data and technology to optimize urban infrastructure, improve services, and enhance citizens' quality of life.

14. Artificial intelligence is being used to assist in creative fields like music composition, graphic design, and writing.

15. Hydropower energy harnesses the power of flowing water to generate electricity, providing a renewable energy source.

16. Neuro-diversity advocates for the acceptance of individuals with neurological differences, such as autism and ADHD.

17. The global water crisis affects millions of people who lack access to clean and safe drinking water.

18. Social entrepreneurship combines business skills with a focus on solving social, environmental, and economic problems.

19. Space colonization involves establishing permanent human settlements on planets or moons outside Earth.
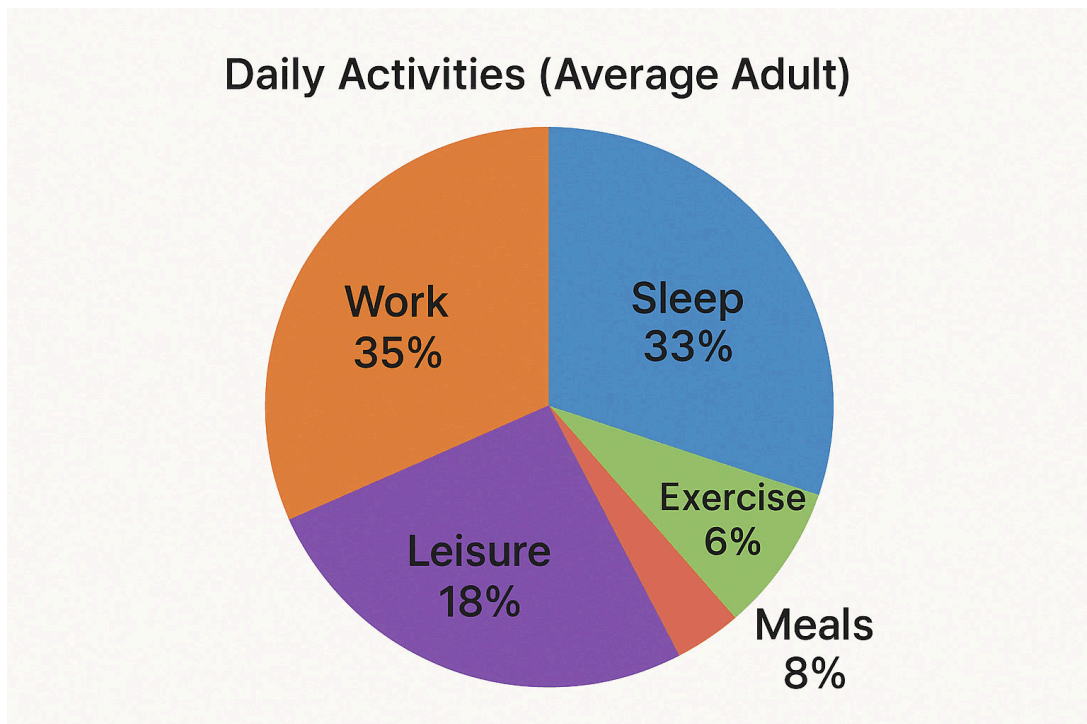
20. Food security ensures that all people have access to sufficient, nutritious food to lead healthy lives.
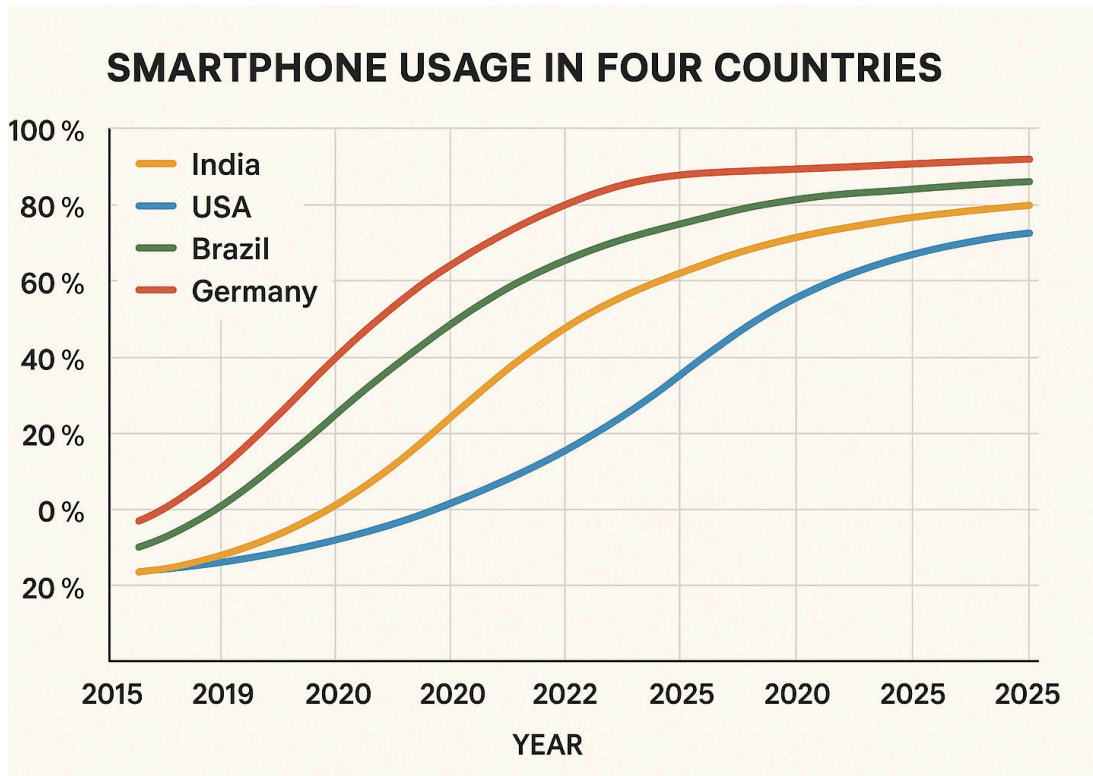
Describe Image:

1.

2.

3.

SMARTPHONE USAGE IN FOUR COUNTRIES

Legend:
- India
- USA
- Brazil
- Germany

Y-axis: 100%, 80%, 60%, 40%, 20%, 0%, 20%

X-axis (YEAR): 2015, 2019, 2020, 2020, 2022, 2025, 2020, 2025, 2025

4.

MONTHLY RAINFALL (IN MM) FOR FOUR CITIES

	Jun	Jul	Aug
Mumbai	523	840	640
London	45	51	53
Cairo	0	0	0
Sydney	131	95	80

5.

PROPOSED ECO-FRIENDLY CITY DESIGN

GREEN ZONE

GREEN ZONE

COMMERCIAL AREA

RESIDENTIAL

RESIDENTIAL

GREEN ZONE

6.

UNIVERSITY SCHOLARSHIP APPLICATION PROCESS

ONLINE REGISTRATIION

APPLICATION FORM

DOCUMENT SUBMISSION

INTERVIEW

RECEIVE GRANT
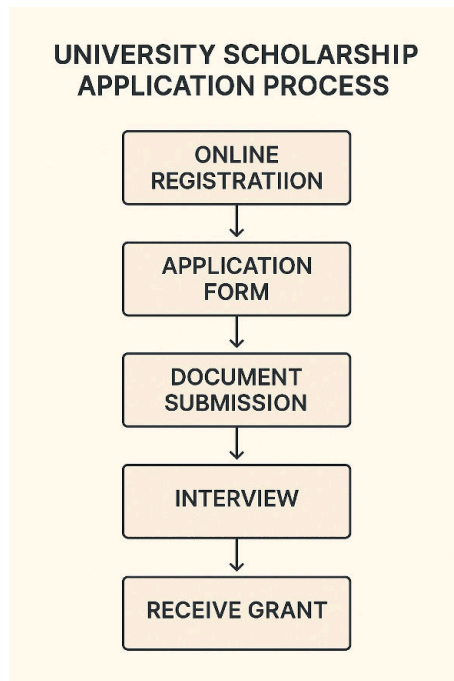
Retell Lecture:

1. Electric vehicles (EVs) are becoming more popular due to growing concerns about climate change and pollution. Governments are offering incentives to promote their adoption, such as tax breaks and subsidies for EV buyers. Advances in battery technology have increased the driving range of EVs, while the expansion of charging infrastructure has reduced concerns about recharging. Despite these improvements, challenges remain, such as the environmental impact of battery production and the high cost of EVs. Nevertheless, the shift toward electric mobility is seen as a crucial step in reducing carbon emissions and promoting sustainable transportation.

2. The media plays a significant role in shaping public opinion by influencing how people perceive current events and issues. News outlets, social media platforms, and entertainment media all contribute to the way information is presented and consumed. While the media can raise awareness and provide diverse viewpoints, it can also manipulate narratives and spread misinformation. The rise of fake news and biased reporting challenges the credibility of media outlets. Critical thinking and media literacy are essential for individuals to distinguish between reliable and unreliable sources in today's information age.

3. Emotional intelligence (EQ) is the ability to recognize, understand, and manage one's own emotions, as well as the emotions of others. It is a crucial skill for effective leadership, as it helps leaders build strong relationships, navigate challenges, and make informed decisions. Leaders with high EQ can motivate their teams, foster a positive work environment, and handle conflict more effectively. In contrast, leaders lacking emotional intelligence may struggle with communication and team dynamics. As businesses increasingly value soft skills, EQ is considered just as important as technical expertise in leadership roles.

4. Bilingualism offers a wide range of cognitive, social, and professional benefits. Studies have shown that learning multiple languages can enhance brain function by improving memory, problem-solving skills, and multitasking abilities. Bilingual individuals tend to have better cognitive flexibility and can switch between tasks more efficiently. Additionally, bilingualism opens doors to diverse cultures and increases job prospects in an increasingly globalized world. The ability to communicate in more than one language enhances both personal and professional connections, making bilingual individuals valuable assets in today's interconnected society.

5. Urbanization, the process of people moving from rural areas to cities, has led to the rapid growth of urban populations. This shift presents various challenges, including

overcrowding, traffic congestion, and strain on infrastructure. Housing shortages and the rising cost of living are also significant concerns in many cities. Additionally, urban areas often experience higher levels of pollution and environmental degradation. While urbanization can drive economic growth and provide access to better services, it is important to address these challenges through sustainable urban planning, investment in infrastructure, and environmental protection initiatives.

6. Automation is rapidly transforming the job market by replacing manual labor with machines and artificial intelligence. While automation increases productivity and efficiency, it also raises concerns about job displacement. Certain industries, particularly manufacturing and retail, have been significantly impacted, with many jobs becoming obsolete. However, automation also creates new job opportunities in fields like robotics, AI development, and data analysis. To adapt, workers must acquire new skills and embrace lifelong learning. Governments and businesses must collaborate to ensure that workers are retrained and prepared for the changing job landscape.

7. Sustainable development refers to the practice of meeting current needs without compromising the ability of future generations to meet their own needs. It involves balancing economic growth, social inclusion, and environmental protection. Sustainable development emphasizes the importance of using natural resources responsibly, reducing waste, and promoting renewable energy. It also focuses on social equity by ensuring access to education, healthcare, and economic opportunities for all. Achieving sustainable development requires cooperation among governments, businesses, and individuals to create a more equitable and environmentally responsible world.

8. Digital marketing has transformed the way businesses connect with consumers. The rise of the internet and social media platforms has created new opportunities for targeted advertising, content creation, and brand engagement. Businesses can now track consumer behavior in real time and tailor their marketing strategies accordingly. Social media influencers, search engine optimization, and email marketing are all essential components of modern digital marketing strategies. However, as the digital space becomes more crowded, businesses must find innovative ways to stand out and maintain consumer trust amidst increasing competition.

9. Climate change is having a profound impact on agriculture, with rising temperatures, shifting precipitation patterns, and more frequent extreme weather events affecting crop yields. Farmers face challenges such as droughts, floods, and pests, which can reduce food production and increase prices. Additionally, unpredictable weather

makes it difficult to plan for planting and harvesting seasons. To adapt, farmers are adopting new technologies such as drought-resistant crops and water-efficient irrigation systems. Addressing climate change through policy changes and sustainable agricultural practices is essential for ensuring food security in the future.

10. Technology is transforming the healthcare sector by improving diagnostic accuracy, treatment options, and patient care. Innovations such as telemedicine, robotic surgery, and electronic health records are making healthcare more efficient and accessible. AI algorithms are helping doctors make more accurate diagnoses, while wearable devices monitor patients' health in real time. Despite these advancements, concerns about data privacy, cybersecurity, and the digital divide remain. Ensuring equitable access to healthcare technology is essential to avoid exacerbating disparities in health outcomes. Technology's role in healthcare will continue to evolve, improving patient care and medical research.

Answer Short Questions

1. Which planet is closest to the Sun?

2. What is the tallest mountain in the world?

3. How many days are there in a leap year?

4. Which ocean is the largest in the world?

5. What is the name of the longest river in the world?

6. How many sides does a hexagon have?

7. What is the fastest mode of transport?

8. How many players are there on a football team?

9. When are books typically found in a college library?

10. How many continents are there on Earth?

Summarise Group Discussion

Question 1:

Three speakers are discussing the causes, impacts, and coping strategies related to anxiety.

Speaker 1: Anxiety has become a common topic today, especially with how fast-paced and uncertain life

feels. Many people experience it, but the intensity and triggers can vary widely.

Speaker 2: That's true. For some, it's linked to academic or professional pressure, while for others, personal circumstances or even social media can play a role. What worries me is how normalized stress has become, almost as if constant worry is expected.

Speaker 3: I agree. Anxiety should not be dismissed as just a natural part of life. Left unchecked, it can affect sleep, concentration, and relationships. The stigma around discussing mental health often prevents people from seeking timely help.

Speaker 1: Exactly. I've noticed that workplaces often talk about productivity but rarely about the mental strain employees face. Offering counselling or stress management sessions could make a huge difference.

Speaker 2: Universities are facing the same issue. Students are often overwhelmed by deadlines and future uncertainties. Institutions could create more support systems to help them manage anxiety before it turns into burnout.

Speaker 3: On the personal side, mindfulness practices like meditation, breathing exercises, or simply disconnecting from devices for a while can be powerful. These don't eliminate anxiety, but they reduce its intensity.

Speaker 1: Physical activity helps too. Regular exercise releases endorphins that naturally reduce stress. Even a short walk outdoors can calm the mind.

Speaker 2: Another aspect is diet and sleep. People underestimate how much caffeine, sugar, or lack of rest can heighten anxiety symptoms. Building healthier routines can provide stability.

Speaker 3: Still, in severe cases, professional help is essential. Therapy, and in some situations medication, can provide structured guidance. It's important to treat anxiety with the same seriousness as physical illnesses.

Speaker 1: That's a good point. What I find hopeful is that conversations around mental health are becoming more open. Awareness campaigns are helping reduce the stigma.

Speaker 2: Yes, and society needs to keep encouraging empathy and understanding rather than judgment. Supportive environments can make coping with anxiety far less isolating.

Speaker 3: Ultimately, anxiety will always exist to some extent, but through awareness, lifestyle changes, and accessible resources, people can learn to manage it more effectively.

Question 2:

Three speakers are discussing the importance and challenges of brushing teeth at night.

Speaker 1: Brushing teeth at night is something many people overlook, yet dentists stress its importance. Skipping it leaves food particles and bacteria in the mouth overnight, which can lead to cavities and gum problems.

Speaker 2: That's absolutely true. I've read studies showing that nighttime brushing is even more crucial than brushing in the morning. During sleep, saliva production decreases, so bacteria multiply faster. Without

cleaning, the risk of decay rises significantly.

Speaker 3: I agree with both of you, but I also think the habit is hard to maintain for some people. After a long day, fatigue makes them skip it. They don't realize that neglecting it regularly can damage oral health in the long term.

Speaker 1: Yes, I've noticed that many assume brushing once a day is enough. They might not feel immediate consequences, but over the years, they could face costly dental treatments that could have been avoided.

Speaker 2: Exactly. Dentists often mention that brushing at night protects the enamel and prevents plaque buildup. Even bad breath, which people often worry about, can be reduced by simply maintaining the routine.

Speaker 3: It's also interesting that cultural habits influence this. In some countries, people brush after every meal, while in others, twice a day is the norm. But nighttime brushing seems universally recommended by health professionals.

Speaker 1: Another factor is diet. If someone consumes sugary snacks or drinks late in the evening, skipping brushing can be especially harmful. Sugar feeds the bacteria that cause cavities.

Speaker 2: Good point. Developing consistency is the key. Setting reminders or linking it to another bedtime routine, like reading or skincare, can help people adopt it as a non-negotiable habit.

Speaker 3: And parents play a huge role here. If children are taught early on that brushing at night is essential, they are more likely to continue the practice as adults. Early habits shape lifelong behavior.

Speaker 1: True. It's not just about preventing problems but also maintaining overall well-being. Oral health is closely linked to conditions like heart disease, which makes nightly brushing more than a cosmetic concern.

Speaker 2: I'd say the message is simple: no matter how tired you are, spending two minutes brushing at night saves you from far greater issues later.

Speaker 3: Well said. A small effort before bed can have lifelong benefits for both health and confidence.

Question 3:

Three speakers are discussing how luxury lifestyle is experienced and perceived at night.

Speaker 1: When we think of luxury lifestyle at night, images of fine dining, exclusive clubs, and high-end parties often come to mind. Nighttime offers a stage for people to showcase wealth and status in a very visible way.

Speaker 2: That's right. Luxury brands also capitalize on this. Many fashion houses and watchmakers launch evening collections designed for gala events or night gatherings. The night becomes a symbol of elegance and exclusivity.

Speaker 3: I see it slightly differently. While luxury at night can be glamorous, it often feels excessive. Some people associate it with unnecessary spending and indulgence rather than genuine enjoyment or comfort.

Speaker 1: That's a valid point. Still, many believe luxury nights are about experiences rather than possessions. Staying at a five-star resort, attending a cultural performance, or enjoying a gourmet meal can

enrich one's evening without being superficial.

Speaker 2: I agree. In cities like Paris, Dubai, or New York, the night economy thrives on luxury. Exclusive rooftop bars, designer hotels, and private events shape an entire lifestyle. It's also linked with tourism and business, not just entertainment.

Speaker 3: Yet, there's a contrast. While some enjoy luxury nights, others see it as a symbol of inequality. The extravagance of champagne and luxury cars outside nightclubs highlights the gap between different social groups.

Speaker 1: True, but luxury has always been about exclusivity. People are often drawn to it because it represents aspiration and a break from the ordinary. Nighttime simply amplifies that effect.

Speaker 2: And technology plays a role too. Nighttime luxury now includes experiences like private yacht parties with digital light shows or immersive performances. The demand for unique experiences keeps expanding.

Speaker 3: But do you think it leads to a healthier lifestyle? Late nights filled with indulgence might affect physical well-being, despite the glamour. Luxury doesn't always mean balance.

Speaker 1: That's the paradox. Luxury lifestyle at night can be both enriching and draining. It depends on whether people pursue it occasionally for joy or constantly as a habit.

Speaker 2: Exactly. Occasional luxury nights can create lasting memories. But when it becomes routine, it risks losing meaning and turning into mere excess.

Speaker 3: So, perhaps the ideal is moderation—enjoying luxury nights without letting them dominate one's lifestyle or identity.

Respond To Situation

Question 1:

 You need to ask a colleague for assistance in completing a task that requires their expertise.

Question 2:

You must write to a business partner to apologize for a delayed response to their email.

Question 3:

You must contact a gym to cancel your membership and request confirmation of no further charges.